

**U.S. Department
of Transportation**

**United States
Coast Guard**

**U. S. Coast Guard
Regional Examination Center
455 Commercial Street
Boston, MA 02109 - 1045**

**(617) 223- 3040
Office Hours 0700 - 1500
Monday - Friday**

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DIABETES

Insulin dependent diabetes or unstable diabetes is considered disqualifying for issuance of original licenses and Merchant Mariner's Documents. Applicants with diabetes, which is controlled by diet and/or oral medication, are considered physically eligible provided the condition is stable.

Waivers are required for renewal and raise in grade. In support of the waiver request, applicants must submit a statement from their physician which addresses:

- a. A brief history of the applicants' diabetes.
- b. The extent of the applicants' diabetes education.
- c. Description of any hospitalization in the past 12 months.
- d. The stability of the applicants' diabetes.
- e. The applicants' ability to monitor blood glucose and adjust insulin dosage.
- f. Any other chronic medical condition.
- g. A list of all medications, dosage and frequency.
- h. Copies of medical record entries for the past 18 months.
- i. A copy of the lab report of a recent glycosolated hemoglobin (hemoglobin A 1 c).

The waiver applicant should provide a written statement that they have not been hospitalized in the past 12 months and that they are able to maintain diabetic control by monitoring blood glucose and adjusting insulin dosage, and any other relevant factors.

Any questions should be addressed to a licensing evaluator at the above address or telephone number.

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